

MON

TUES

WED

THURS

FRI

1	2	3	4	5
<p>Circuit Training 10-10:30am Gentle Yoga: 12-1pm</p> <p><i>Mobile Miles: Opelousas</i></p>	<p>Pilates & Toning: 10-11am Breast Cancer Support Group 5:30pm Toning Express: 5:30-6pm</p> <p><i>Mobile Miles: Crowley</i></p>	<p>Let's Dance: 10-10:30am Somatics Class: 11 am-12 pm Yoga: 5:30-6:30pm</p> <p><i>Mobile Miles: New Iberia</i></p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm Meditation: 6-6:15pm</p> <p><i>Mobile Miles: Lafayette</i></p>	<p>Gentle Yoga: 10-11am Healing Dance: 11:15am-12pm Night At The Ballpark: 6pm</p>
				<p>SAT 6</p> <p>Wellness Center Open: 8am-12pm Circuit Training: 10am</p>
8	9	10	11	12
<p>Circuit Training 10-10:30am Gentle Yoga: 12-1pm</p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p> <p><i>Mobile Miles: Abbeville</i></p>	<p>Let's Dance: 10-10:30am Somatics Class: 11 am-12 pm Massage: 2-5pm Yoga: 5:30-6:30pm</p> <p><i>Mobile Miles: Ville Platte</i></p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm Meditation: 6-6:15pm</p> <p><i>Mobile Miles: New Iberia</i></p>	<p>Gentle Yoga: 10-11am Healing Dance: 11:15am-12pm</p>
				<p>SAT 13</p> <p>SMILES For Miles Christian Youth Theatre's Production of Seussical: 2pm</p>
15	16	17	18	19
<p>Circuit Training 10-10:30am Gentle Yoga: 12-1pm</p> <p><i>Mobile Miles: Opelousas</i></p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p> <p><i>Mobile Miles: Crowley</i></p>	<p>Let's Dance: 10-10:30am Somatics Class: 11 am-12 pm Reiki: Yoga: 5:30-6:30pm</p> <p><i>Mobile Miles: New Iberia</i></p>	<p>Pilates & Toning: 10-11am Creative Expressions: 12-2pm Toning Express: 5:30-6pm Meditation: 6-6:15pm</p> <p><i>Mobile Miles: Eunice</i></p>	<p>Gentle Yoga: 10-11am Healing Dance: 11:15am-12pm</p>
				<p>SAT 20</p> <p>Wellness Center Open: 8am-12pm Yoga: 10am</p>
22	23	24	25	26
<p>Circuit Training 10-10:30am Gentle Yoga: 12-1pm</p> <p><i>Mobile Miles: Opelousas</i></p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p> <p><i>Mobile Miles: Mamou</i></p>	<p>Let's Dance: 10-10:30am Somatics Class: 11 am-12 pm Massage: 2-5pm Yoga: 5:30-6:30pm</p> <p><i>Mobile Miles: New Iberia</i></p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm Meditation: 6-6:15pm</p> <p><i>Mobile Miles: Crowley</i></p>	<p>Gentle Yoga: 10-11am Healing Dance: 11:15am-12pm</p>
				<p>SAT 27</p>
29	30	31	<p>Every Wednesday: Somatics Class</p> <p><i>This class uses gentle exercises designed to bring awareness to habituated patterns and to re-educate muscle groups with functional movement patterns. Our muscles and bones can come into a better balance and eliminate pain.</i></p>	
<p>Circuit Training 10-10:30am Gentle Yoga: 12-1pm</p>	<p>Pilates & Toning: 10-11am Toning Express: 5:30-6pm</p>	<p>Let's Dance: 10-10:30am Somatics Class: 11 am-12 pm Yoga: 5:30-6:30pm</p>		

UPCOMING EVENTS

SMILES for Miles

April's outing will be to:

Christian Youth Theatre's

Seussical

SATURDAY,

MAY 13: 2 PM

RSVP: 984-1920

(limited spots available)



Night At The Ballpark

Join us for our annual event at a

Ragin' Cajuns baseball game on

Friday, May 5th at 6pm. Seats are

limited, so please call to reserve

your seats by May 1st

RSVP: 984-1920



MOBILE MILES

DATE	CITY	LOCATION	TIME
MON 1	Opelousas	Opelousas (s. campus)	9:00-12:00
TUES 2	Crowley	Loures Oncology Asc.	1:00-3:30
TUES 2	Crowley	Oncologics	9:00-12:00
WED 3	New Iberia	Ships Medical (doutre H)	10:00-3:30
THUR 4	Lafayette	Univ. Hosp & Clinic	9:00-3:30
TUES 9	Abbeville	Abbeville Gen. Hosp.	9:00-3:30
WED 10	Ville Platte	505 E. Lincoln Rd.	9:00-12:00
WED 10	Eunice	3521 Hwy. 190 E. Ste W	1:30-3:30
THUR 11	New Iberia	Oncologics	9:00-1:00
MON 15	Opelousas	Oncologics (s. campus)	9:00-12:00
MON 15	Opelousas	OGH Cancer Center	1:00-3:30
TUES 16	Crowley	Loures Oncology Asc.	9:00-12:00
TUES 16	Crowley	Oncologics	1:00-3:30
WED 17	New Iberia	Ships Medical (doutre H)	10:00-3:30
WED 18	Eunice	3521 Hwy. 190 E. Ste W	9:00-1:00
MON 22	Opelousas	Oncologics (s. campus)	9:00-12:00
MON 22	Opelousas	OGH Cancer Center	1:00-3:30
TUES 23	Mamou	809 Cherry St. (Dr. Minardi)	9:00-12:00
TUES 23	Mamou	Savo Medical Center	1:00-3:30
WED 24	New Iberia	Iberia Medical Center	9:00-3:30
THUR 25	Crowley	Loures Oncology Asc.	9:00-12:00
THUR 25	Crowley	Cancer Center of Acad.	1:00-3:30

Mobile Miles brings MFCS to you. Call 337-315-6834 for more information.



Mobile Miles is sponsored by Our Lady of Lourdes Regional Medical Center.

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MILES PERRET
CANCER SERVICES

P.O. BOX 80763

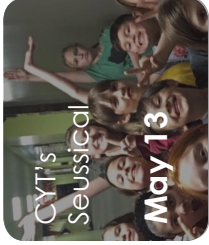
LAFAYETTE, LA 70598

337.984.1920

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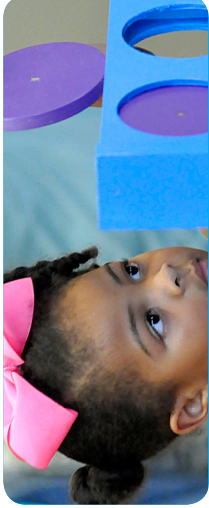
MILES PERRET
CANCER SERVICES

We've
got a lot
happening
this month.



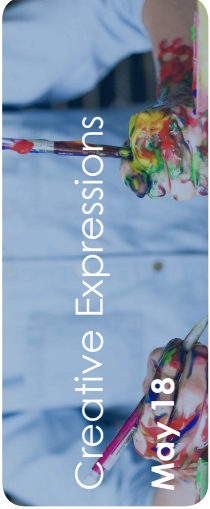
CYT's
Seussical

May 13



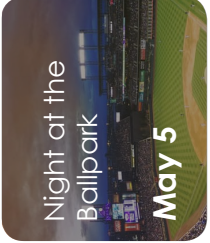
Creative Expressions

May 18



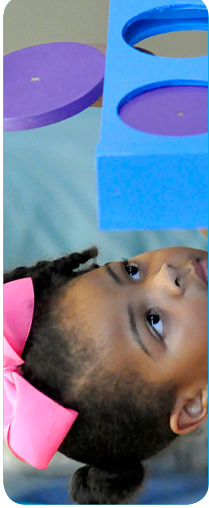
Breast Cancer
Support Group

May 2



Night at the
Ballpark

May 5



Fight
Survive
Live

