<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
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</thead>
</table>
| Walking Club: 10am  
Gentle Yoga: 11:15am-12:15pm | Toning: 10-11am  
Breast Cancer Support Group: 5:30pm | Circuit Training: 10-10:30am  
Line Dancing: 11am-12pm  
Gentle Yoga: 5:30-6:30pm | Toning: 10-11am | No Yoga  
MPCS office & Wellness closing at noon |
| **Mobile Miles: Opelousas** | | | | |
| Walking Club: 10am  
Gentle Yoga: 11:15am-12:15pm | Toning: 10-11am  
Bra & Prosthesis Fitting: 10am-12pm  
by appointment only | Circuit Training: 10-10:30am  
Line Dancing: 11am-12pm  
Gentle Yoga: 5:30-6:30pm | Toning: 10-11am | Sit & Fit: 10-11am |
| **Mobile Miles: Opelousas** | | | | **SMILES for Miles:**  
Painting with a Twist: 10am-12pm  
Halloween attire welcome |
| Walking Club: 10am  
Gentle Yoga: 11:15am-12:15pm | Toning: 10-11am | Circuit Training: 10-10:30am  
Line Dancing: 11am-12pm  
Gentle Yoga: 5:30-6:30pm | Toning: 10-11am | Gentle Yoga: 10-11am |
| **Mobile Miles: Crowley** | | | | **Mobile Miles: New Iberia** |
| Walking Club: 10am  
Gentle Yoga: 11:15am-12:15pm | Toning: 10-11am | Circuit Training: 10-10:30am  
Line Dancing: 11am-12pm  
Gentle Yoga: 5:30-6:30pm | Toning: 10-11am | Gentle Yoga: 10-11am |
| **Mobile Miles: Opelousas** | | | | **Mobile Miles: New Iberia** |
| Walking Club: 10am  
Sit & Fit: 11:15am-12:15pm | Toning: 10-11am | Circuit Training: 10-10:30am  
Line Dancing: 11am-12pm  
Gentle Yoga: 5:30-6:30pm | Toning: 10-11am | Gentle Yoga: 10-11am |
| **Mobile Miles: Mamou** | | | | **Mobile Miles: New Iberia** |
| Walking Club: 10am  
Sit & Fit: 11:15am-12:15pm | Toning: 10-11am | **BENEFITING MILES PERRET CANCER SERVICES:**  
Bill Blanchard Memorial Golf Tournament: 5:30pm  
Friday, October 6th | Toning: 10-11am | **SAVE THE DATES:**  
Hope & Thanksgiving Catholic Mass:  
Tuesday, October 17th | **CAMELLIA CROSSING:**  
Wednesday, November 22nd |

**SAVE THE DATES:**  
**BENEFITING MILES PERRET CANCER SERVICES:**  
Bill Blanchard Memorial Golf Tournament  
Friday, October 6th | 9am  
Les Vieux Chene Golf Course  
Save the TaTa’s Breast Cancer Awareness Ride  
Saturday, October 21st | 8am  
Cajun Harley Davidson  
**CAMELLIA CROSSING:**  
Wednesday, November 22nd  
Register at Milesperret.org
EVENTS

BREAST CANCER SUPPORT GROUP
TUESDAY, OCTOBER 3rd | 5:30pm

MPCS OFFICE CLOSING
AT NOON
FRIDAY, OCTOBER 6th

BRA & PROSTHESIS FITTING
TUESDAY, OCTOBER 10th
Clients that are eligible to receive bra and prostheses will now be able to get fitted at MPCS by the La Femme professional bra fitter. This month’s fitting will be Tuesday, October 10th by appointment only. Call to make an appointment.

MOBILE MILES
Mobile Miles is making stops by appointment only. To set up an appointment, please call the Miles Perret office at 337-984-1920.

DATE | CITY | LOCATION
--- | --- | ---
MON 2 | Opelousas | OGH South Campus
THUR 5 | New Iberia | SHIPS Medical [602 N. Lewis St. Dauterive H.]
MON 9 | Opelousas | OGH South Campus
TUES 10 | Crowley | Acadia Gen. Cancer Center
THUR 12 | New Iberia | SHIPS Medical [602 N. Lewis St. Dauterive H.]
MON 16 | Opelousas | OGH South Campus
THUR 19 | New Iberia | SHIPS Medical [602 N. Lewis St. Dauterive H.]
TUES 31 | Mamou | Savoy Cancer Center [803 Poinciana St]

OCTOBER CLIENT CALENDAR & NEWS

Hello October

MOBILE MILES

Mobile Miles is sponsored by Our Lady of Lourdes Regional Medical Center.

OMENS FOR MILES: PAINTING WITH A TWIST
SATURDAY, OCTOBER 14th | 10am
Put on your favorite costumes, grab a paintbrush, and let your creativity flow. Join us for a special Halloween edition of SMILES for Miles at Painting with a Twist.

Spaces are limited. Call 337.984.1920 to RSVP.

Participation in SMILES for Miles is available to client families with children under 18 years old.

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