Quinoa Casserole

Ingredients:
* 2 cups cooked quinoa
* 4 eggs (beaten)
* ½ purple onion
* 1-2 jalapeno
* 2 large handfuls fresh spinach, rough chopped
* 1 pound cooked ground turkey, beef, or chicken (seasoned to taste)
* 1-2 cups shredded cheese (any kind)
* 1 teaspoon minced garlic

Directions:
In food processor, puree onion and jalapeno. In a large bowl, combine all ingredients together, mix well, and pour into a baking dish.
Top with additional cheese if desired.
Bake at 325 degrees for approximately 20 minutes.
Cool and cut into 2” squares. Very easy!